

# Risky Business Trainings



## Moving Beyond Risky Business 101

Northwest Portland  
Area Indian Health Board



## 2008 Dates

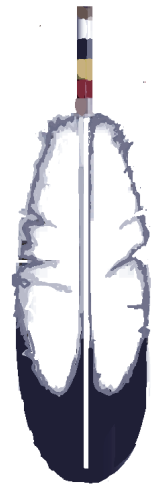
March 25th, 2008 - Quinault Beach Resort and Casino (Quinault Nation)

May 1st, 2008 - Northwest Portland Area Indian Health Board, Portland, OR (with i-link)

May 22nd, 2008 - Clearwater River Casino & Resort, Lewiston, ID (Nez Perce)

## Agenda

- 8:30 Welcome, Blessing, Introductions, Ice Breaker
- 9:00 Tobacco, WTPP or NTPPN
- 10:00 Diabetes, Western Tribal Diabetes Program
- 11:00 Cancer, Northwest Tribal Cancer Control Project
- Noon Lunch (provided)
- 1:00 Sexually Transmitted Diseases, Project Red Talon
- 2:00 Maternal and Child Health
- 3:00 Hot Topic - What's New in the Field
- 4:00 Game: Jeopardy
- 4:20 Evaluation and Closing
- 4:30 Adjourn - Safe travels!



Target participants: Tribal Health Directors, CHRs, health educators, nurses and others involved in community health education.



Target participants: Tribal Health Directors, CHRs, health educators, nurses and others involved in community health education.

## 2008 Risky Business Dates

March 25th, 2008 - Quinault Beach Resort and Casino (Quinault Nation))

May 1st, 2008 - Northwest Portland Area Indian Health Board, Portland, OR (with i-link)

May 22nd, 2008 - Clearwater River Casino & Resort, Lewiston, ID (Nez Perce)

## Registration

Name: \_\_\_\_\_

Tribe/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

I will attend:

- March 25th, 2008 - Quinault Beach Resort and Casino
- May 1st, 2008 - Northwest Portland Area Indian Health Board, Portland, OR
- Online i-link - Email: \_\_\_\_\_
- May 22nd, 2008 - Clearwater River Casino & Resort, Lewiston, ID

Limited  
hotel,  
mileage, and  
flight  
reimbursement  
is available

**Please fax this registration to Lisa Griggs:**  
503-228-4801 or e-mail: [lgriggs@npaih.org](mailto:lgriggs@npaih.org)



Risky Business Trainings

Northwest Portland  
Area Indian Health Board





## Risky Business and iLinc Web Conferencing

Web conferencing is a technology that allows people to communicate more effectively over the Internet. A virtual environment allows you to display PowerPoint slides and other files, share documents, and interact with participants much as you would in an in-person training or meeting. The Northwest Portland Area Indian Health Board uses the iLinc web conferencing service through the Northwest Center for Public Health Practice for trainings and meetings and will be offering this service as part of the upcoming Risky Business Training.

---

### Computer Requirements

- PC (Mac users can use iLinc only if they're running Virtual PC software)
- Internet connection (56K phone modem or faster)
- Web browser (Internet Explorer and Mozilla Firefox always work, other browsers may work)

### Audio Requirements

The audio portion of our iLinc sessions will most often be conducted via teleconferencing. You need a telephone near your computer. Please use a phone with a Mute button to help keep background noise low during the conference call. A telephone headset, or a speaker phone, will make it easier for you to participate in the training. iLinc also supports Voice over Internet Protocol (VoIP). To use this technology, users need a microphone and speaker or a computer headset.

### If participating as a Group in a Common Room you will need:

- Computer connected to the Internet (same requirements as above)
- A projector connected to the computer
- A speaker phone with a Mute button



Risky Business Trainings

Northwest Portland  
Area Indian Health Board



# Quinault Travel Logistics

## Directions

Quinault Beach Resort & Casino ~ Washington Coast  
78 St. Rt. 115, Ocean Shores, WA 98569

Sleeping Rooms are blocked at Quinault Beach & resort the number is 1-888-461-2214 under **“Risky Business”**. The room rate is \$89 - \$99 plus tax.

### From Seattle

- Go South on I-5 to Olympia
- At Olympia take exit 104 (Aberdeen, Ocean Beaches) you are now on highway 101
- Stay on the main highway, it turns into highway 8 West and then at Elma it changes to highway 12 West
- Upon reaching Aberdeen, follow the signs which take you to highway 101 North to Hoquiam and Ocean Beaches. **DO NOT TAKE WESTPORT EXIT**
- You should be in the left lane as you are crossing the Hoquiam bridge. You will curve to the right and then at the second traffic light you will turn left onto highway 109 (Ocean Shores and Beaches)
- Approximately 18 miles later, turn Left onto highway 115
- Right hand turn lane into our driveway
- Approximate travel time from Seattle is 2 1/2 hours.

### From Portland

- Head North on I-5
- Go North into Washington State and take exit 88B to Elma and turn left onto highway 12
- Upon reaching Aberdeen, follow the signs which take you to highway 101 North to Hoquiam and Ocean Beaches. **DO NOT TAKE WESTPORT EXIT**
- You should be in the left lane as you are crossing the Hoquiam bridge. You will curve to the right and then at the second traffic light you will turn left onto Highway 109
- Approximately 18 miles later, turn Left onto highway 115
- Right hand turn lane into our driveway
- Approximate travel time from Portland is 2 1/2 hours



Risky Business Trainings

Northwest Portland  
Area Indian Health Board



# NPAIHB Travel Logistics



## Northwest Portland Area Indian Health Board

**Please make your own hotel reservations at a local hotel:**

**Marriott Portland - Waterfront**  
1401 SW Naito Parkway  
Portland, OR  
(503)-226-7600

**Embassy Suites Portland Downtown**  
319 SW Pine Street  
Portland, OR 97201  
(503)-279-9000

**Hilton Portland**  
921 SW Sixth Avenue  
Portland, OR 97204  
(503) 226-1611

### **Directions:**

#### **TRAVELING NORTH INTO PORTLAND ON INTERSTATE 5**

Traveling north on I-5, follow the signs to the Interstate 405-N exit.

Continue on 405-N/Hwy 26 West for about a half-mile and take the 6th Avenue exit (one-way) on your right.

Continue down 6th Avenue to the second stop light, which is Hall Street. NPAIHB is located directly above the McDonald's restaurant; the elevator to the 3rd floor is to the right of the Student Health Center entrance.

#### **TRAVELING WEST INTO PORTLAND ON INTERSTATE 84**

Traveling west on I-84, get into the middle/left-hand lanes as you approach downtown.

Take the I-5 South exit from the left lane where I-84 ends at the Willamette River.

Cross the I-5 Bridge across the Willamette River (the Marquam Bridge). Immediately on the other side of the bridge take the left-hand 405-N/Hwy 26 West exit. Continue on 405-N/Hwy 26 West for about a half-mile and take the right-hand 6th Avenue exit (one-way).

Continue down 6th Avenue to the second stop light, which is Hall Street. NPAIHB is located directly above the McDonald's restaurant; the elevator to the 3rd floor is to the right of the Student Health Center entrance.



**Risky Business Trainings**

Northwest Portland  
Area Indian Health Board



# NPAIHB Travel Logistics



## Northwest Portland Area Indian Health Board

### TRAVELING EAST INTO PORTLAND ON US HWY 26

Traveling east on US 26 get into the middle lane as you approach the tunnel. Stay in the middle lane as it turns into the downtown exit (Market Street).

Continue straight down Market Street and take a right on 5th Avenue (one way).

Continue down 5th Avenue for four blocks and turn right on Hall Street. NPAIHB is

located directly above the McDonald's restaurant; the elevator to the 3rd floor is to the right of the Student Health Center entrance.

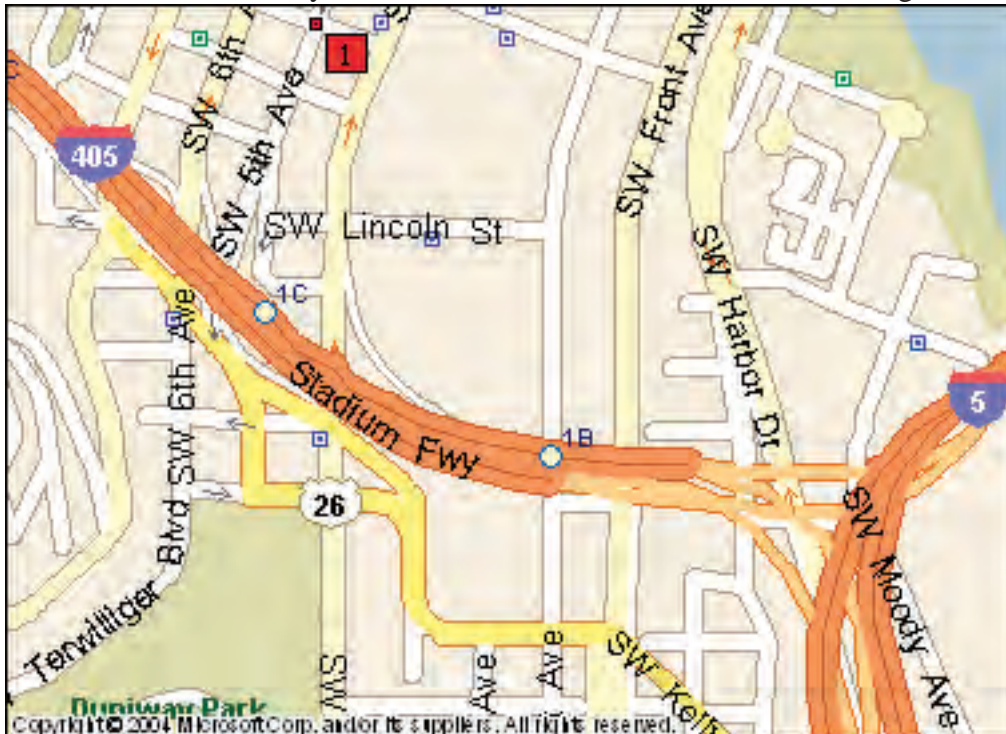
### TRAVELING SOUTH INTO PORTLAND ON INTERSTATE 5

Traveling south on I-5, get into the middle/left-hand lanes as you approach downtown.

Stay on the freeway and cross the I-5 Bridge across the Willamette River (the Marquam Bridge).

Immediately on the other side of the bridge take the left-hand 405-N/Hwy 26 West exit.

Continue on 405-N/Hwy 26 West for about a half-mile and take the right-hand 6th Avenue exit.



Continue down 6th Avenue to the second stop light, which is Hall Street. NPAIHB is located directly above the McDonald's restaurant; the elevator to the 3rd floor is to the right of the Student's Health Center entrance.

The parking garage entrance is between 5th and 6th on Harrison St.

Please call 503-228-4185 if you have any trouble along the way.



Risky Business Trainings

Northwest Portland  
Area Indian Health Board



# Lewiston, ID Travel Logistics



Clearwater River Casino  
17500 Nez Perce Road  
Lewiston, ID 83501

Sleeping Rooms are blocked at Clearwater River Casino the number is 1-866-719-3885 under **“Risky Business”**. The room rate is \$60 plus tax.

Get Directions

1-877-678-7423

[www.crcasino.com](http://www.crcasino.com)

The “Clearwater River Casino & Resort” located on the western end of the Nez Perce Reservation on Highway 95/12 four miles east of Lewiston Idaho.



Risky Business Trainings

Northwest Portland  
Area Indian Health Board

